



Rtn. Francesco Arezzo  
RI President

Rtn. K Palaksha  
District Governor

Rtn. Amit Aravind  
Assistant Governor

Rtn. Smitha Kamath  
Zonal Lieutenant

Rtn. Shashikala Rajavarma  
Club President

Rtn. Vanishree Rao  
Club Secretary

Rtn. Rathnakar Udyavar  
Club Treasurer

Rtn. Divyashree M S  
Rtn. Sajani Shirali  
Concord Editors

### Avenue Directors

Rtn. Dr Shubha H S  
Club Service

Rtn. Nagaraj Shetty  
Vocational Service

Rtn. B Karunakar  
Shetty

Community Service

Rtn. Subhas Bangera  
International Service

Rtn. Rtn. Dr Girija A  
New Generation Service

### District Projects

Clean Environment for Good Health  
Awareness to Road Safety  
Education with Legal Awareness  
Go Green and Save Water

### THE 4-WAY TEST

Of the things we think, say or do  
- Is it the TRUTH ?  
- Is it FAIR to all concerned ?  
- Will it build GOODWILL and BETTER FRIENDSHIPS ?  
- Will it be BENEFICIAL to all concerned ?

### Rotary Club Manipal

Tuesday 28th September 2025

Krishnanugraha, Santhekatte

**Theme:** Joyful Hearts Gathering

**Meeting Co-ordinator:** Rtn. Sajani Shirali

**Host:** Rtn Shashikala Rajavarma

**No. of Participants:** 45

### Club Service



### Overview

The Rotary Club held its weekly meeting and family lunch on 28 September 2025 at Krishnanugraha, Santhekatte, themed "Joyful Hearts Gathering." brought together 45 participants, including Rotarians, their families, and children to the Krishnanugraha Orphanage and Adoption Centre. President Rtn. Shashikala Rajavarma presided over the meeting. The gathering included a heartfelt interaction with the orphanage in-charge, Mr. Ashok, who expressed gratitude for the club's continued support. Members generously contributed essential items such as baby products, clothes, food, and toys for about 20 children residing there. The event also celebrated the President's birthday with music, dance, and magic performances for the children, creating an atmosphere of joy and compassion.

Weekly meeting was held at Krishnanugraha, which was presided by the President Rtn. Shashikala Rajavarma. President formally welcomed the gathering. John Sidhan presented the Thought for the Day. Rtn. Jaivittal presented the Rotary Information. John Sidhan, S/o Rtn. Sajani Shirali & his cousin Atharv were the Masters of the Ceremony. Mr. Ashok, the In charge of Krishnanugraha addressed the gathering and spoke on the functioning of the Orphanage. He also thanked Rotarians for their generous contributions.

President Rtn. Shashikala Rajavarma hosted lunch for the children of orphanage, staffs and Rotarians at Krishnanugraha Children Fit Institute & Adoption Centre, Santhekatte, Udupi. There were children ranging from 3 month to 10 years old. Rotarians pooled in money and donated essentials like pampers, baby soaps, feeding bottles, water bottles, fruits, lactogen, baby soaps, baby clothes, food stuff & toys to the orphanage. There are around 20 children in the orphanage.



It was a great gesture of concern for the less fortunate kids by Rotarians, Rotarian Family & Friends.

It was a joyous occasion with birthday celebration of President Rtn. Shashikala Rajavarma, sharing gifts & pleasantries to children, John Sidhan playing magic tricks with children, and the Mrs. Muktha, Choreographer trying to teach dance to the children. The fun filled activity gave us opportunity to spend some quality time with the kids and the compassion & love that was heart felt.

## Club Service

**Thought for the day by  
John Sidhan Shirali**



**FAILURES ARE THE PILLARS OF  
THE SUCCESS.**



## Rotary Information by Rtn Jaivittal

Mumbai Rotaractors have spotlighted women trafficking through initiatives like the "Cheekh" project and the creation of Anti-Human Trafficking (AHT) clubs. The Rotaract District 3141 has also emphasized awareness through collaborations and various events.

Rotaract clubs in Mumbai have organized major campaigns such as "Cheekh" to bring attention to women trafficking. The Rotaract Club of Jai Hind College led this project, which involved several awareness activities:

In 2015 and 2016, they performed street plays at various public places across Mumbai, including Infiniti Mall, airports, and Sterling Cinemas.

The project also included a movie release about trafficking on International Women's Day.

In January 2025, Rotaract District 3141 expanded its anti-trafficking efforts by inaugurating several Anti-Human Trafficking (AHT) clubs in colleges across Mumbai. The initiative empowers students with knowledge and practical ways to combat human trafficking both online and offline. The participating colleges include R.A. Podar College, Ramnarain Ruia Autonomous College, and SM Shetty College.

## New Generation Service



30.09.2025: Dol Bhaje a fund-raising event conducted by RAC MAHE. This is an ongoing event conducted every year for the last 15 yrs by both MAHE and Manipal Rotaract clubs, on the occasion of Navaratri Celebration. 10 Rotarians of RC Manipal and Rotaractors of other clubs also joined for the celebration. It was a mass celebration with around 1000 participants including the students of Manipal Group. It was a mass celebration with Garbha Dance, Music, Dandiya & Dinner organized at Fortune Valley ground, Manipal. The entry tickets was Rs, 200/-

## New Generation Service cont...



28.09.2025: RC Manipal and Rotaract Club of MAHE collected used clothes that were in good condition, washed & ironed. They were collected over a period of time, segregated & stored in boxes. Rtn Farida and her daughter Annette Aisha supervised it. These clothes were distributed to people in slums of Indira Nagar, Beedinagudde, Pragathi Nagar & Saralebettu under the supervision of Chairman of Rotaract Manipal, Rtn. Col Shanbaug.



## Community Service



28<sup>th</sup> Sep – Spectacle Donation at Kukkehalli. 107 spectacles were donated by RC Manipal to the beneficiaries of the free eye check up camp held on 21.09.2025



04.10.2025: Birth Control & Vaccination Program for Street Dogs of Manipal was conducted from 30<sup>th</sup> Sep to 6<sup>th</sup> Oct at Captain's Animal Care Trust, Doddanagudde, which runs under the leadership of Dr. Shubhageetha. Rs. 5,000 was donated by RC Manipal to support the project. On the occasion of World Animal Welfare Day, 4<sup>th</sup> Oct, 10 Rotarians visited the Dog Shelter and appreciated the workers & the well-organized program that was conducted.



28.09.2025: President Rtn. Shashikala Rajavarma & Rtn. Sajani Shirali hosted lunch for the children of orphanage, staffs and Rotarians at Krishnanugraha Children Fit Institute & Adoption Centre, Santhekatte, Udupi. There were children ranging from 3 month to 10 years old. Rotarians & family pooled in money and donated essentials like pampers, baby soaps, feeding bottles, water bottles, fruits, lactogen, baby soaps, baby clothes, food stuff & toys to the orphanage. There are around 20 children in the orphanage. It was a great gesture of concern for the less fortunate kids by Rotarians, Rotarian Family & Friends.



## Community Service...cont.,



05.10.2025: The Social Forestry Project (**District Project Hasire Usiru**) is joint project of RC Manipal in association with SKDRP, Grama Panchayat, Havanje, Havanje Grama Vikas Committee & The Forest Dept Udupi. 500 fruit yielding saplings were planted in the forest area of Havanje. Project cost is Rs. 85,000, out of which around RS. 40,000 was pooled in by Rotarians of RC Manipal. The project was executed under the leadership of Project Chairman Rtn. Rajavarma Ariga with the support of other members, who visited the site frequently, monitored the work in progress. It involved drilling, holes, plantation of saplings & fencing the area. The symbolic inauguration of the project was on 5<sup>th</sup> Sep in the presence of 10 Rotarians including AG Rtn. Amit Aravind. Several competitions were organised for the children of Govt School, Havanje as a part of Social Forestry program to create awareness of environment & prize was distributed to the winners.

## Vocational Service

05.10.2025: on the occasion of the Social Forestry Project Easy Life Enterprise representative was honored for their social concern and support in environment protection. Pits for planting saplings was done with the drilling machine provided by Easy Life Enterprise.





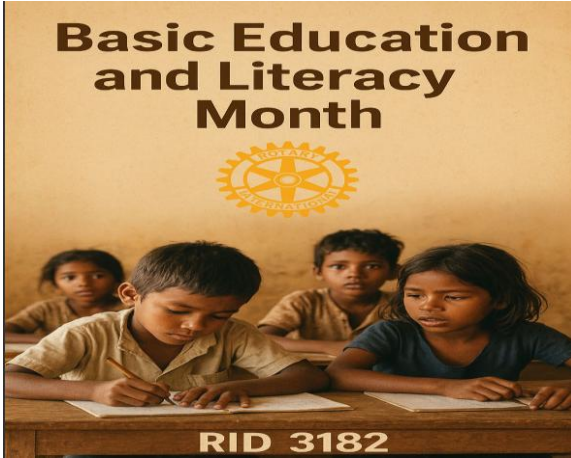
## Rotarians in action



Congratulations to Rtn. Abhijith Ballal



## Theme



ಮುಖಪುಟ > ಸುದ್ದಿ > ಆರೈಕೆದಾರರು ಮತ್ತು ಹಿರಿಯರ ದಿನಾಚರಣೆ

## ಆರೈಕೆದಾರರು ಮತ್ತು ಹಿರಿಯರ ದಿನಾಚರಣೆ

೮ KaravaliXpress-Janardhan Kodavoor  
೦ ಸೆಪ್ಟೆಂಬರ್ 28, 2025



ಮಣಿಪಾಲದ ರೋಟರಿ ಕ್ಲಬ್, ಮಣಿಪಾಲದ ಮಟ್ಟು ಬೀಚ್, ಔದ್ಯೋಗಿಕ ಚಿಕಿತ್ಸಾ ವಿಭಾಗ ಮತ್ತು ಆರೋಗ್ಯಕರ ವೃದ್ಧಾಪ್ಯ ಅಧ್ಯಯನ ಕೇಂದ್ರ (CSHA), ಮಣಿಪಾಲ ಆರೋಗ್ಯ ವೃತ್ತಿಪರರ ಕಾಲೇಜು (MCHP), ಮಣಿಪಾಲದ ಉನ್ನತ ಶಿಕ್ಷಣ ಅಕಾಡೆಮಿ (MAHE), ಮಣಿಪಾಲವು ಸೆಪ್ಟೆಂಬರ್ 25, 2025 ರಂದು ಆರೈಕೆದಾರರು ಮತ್ತು ಹಿರಿಯರ ದಿನಾಚರಣೆಯನ್ನು ಆಯೋಜಿಸುವ ಮೂಲಕ ವಿಶ್ವ ಆಲ್ಟೈಮರ್ ದಿನ (ಸೆಪ್ಟೆಂಬರ್ 21) ಮತ್ತು ವೃದ್ಧರ ಅಂತರರಾಷ್ಟ್ರೀಯ ದಿನ (ಅಕ್ಟೋಬರ್ 1) ಅನ್ನು ವಿಶಿಷ್ಟ ಮತ್ತು ಅರ್ಥಪೂರ್ಣ ರೀತಿಯಲ್ಲಿ ಆಚರಿಸಿತು. ಈ ಕಾರ್ಯಕ್ರಮವನ್ನು ಉಡುಪಿಯ ಮಟ್ಟು ಬೀಚ್‌ನಲ್ಲಿ ಪ್ರಶಾಂತ ಮತ್ತು ರಮಣೀಯ ಸ್ಥಳದಲ್ಲಿ ನಡೆಸಲಾಯಿತು.

ಮಣಿಪಾಲದ MAHE, MCHP ಡೀನ್ ಡಾ. ಜಿ. ಅರುಣ್ ಮೈಯಾ ಅವರ ಪರವಾಗಿ, MAHE, MCHP, ಔದ್ಯೋಗಿಕ ಚಿಕಿತ್ಸಾ ವಿಭಾಗದ CSHA ಸಂಯೋಜಕಿ ಮತ್ತು ವೃದ್ಧಾಪ್ಯ ಮತ್ತು ಸ್ಮರಣೆ ಘಟಕದ ಸಾಧನಾ ಪೆಟಿ ಮತ್ತು ಉಪಸವಾಗಿ ಡಾ. ಸೋನಿತಾ ಉಪಾಧ್ಯಕ್ಷರು.

## Celebrations



01-Oct	Rtn Suguna Ramalingam	Birthday
03-Oct	Rtn Farida Uppin	Birthday
03-Oct	Annette Dr Aparna d/o Rtn Rooma Iyengar	Birthday
05-Oct	Ann Dr Veena w/o Rtn Dr Virupaksha Devaramane	Birthday
05-Oct	John Sandeep s/o Rtn B Karunakar Shetty	Birthday
06-Oct	John Prashanth Bhat s/o Rtn Premaleela Bhat	Birthday



Rotary wheel evolution